

## Self-Directed Choices, LLC

Your Personal Self-Directed Consultant/Support Brokers

Welcome to Self-Directed Choices! We are here to serve you and assist you in understanding your self-directed program and how to access services and supports.



### About us

Self-Directed Choices, LLC was created with you and your community in mind. We assist individuals in locating traditional services/supports such as therapies and employment programs; to hiring their own individual to assist them with personal care, transportation and/or access their community. By working together with your

Consultant/Support Broker, you will learn to use the self-directed tools to be successful while enhancing your life.



### Self-Direction - What is it?

Self-Direction programs are person centered programs. You to decide how best to obtain the services and supports you need. This can be hiring your own employees or hiring an agency to provide your service.

# Self-Direction Your Way!

### Get started right away

It's easy to get started. New Mexico has two Self-Direction programs:

<u>Mi Via Wavier program</u> for individuals on the Developmental Disabilities Wavier (DD Wavier) or Medical Fragile Wavier

• To select Mi Via program, you contact your regional DDSD office

#### Centennial Care Self-Directed Community Benefit program (SDCB)

 To get started with SDCB contact your Managed Care Organization (MCO) Care Coordinator.



#### Contact us

Phone: 505.508.1663 / 877.464.1252 | Email: Sandy@SDChoices.com | Web: www.SDChoices.com